# TL Characteristics and Dosimetric Aspects of Mg-Doped ZnO

Abeer Z. Abraheem, F. Khamis, and Y.A. Abdulla

# **ABSTRACT**

Dosimetry characterization and the evaluation of kinetics parameters of trapping states of Mg-doped ZnO phosphors synthesized by Sol-Gel technique. The thermoluminescence response of Mg-doped ZnO samples showed a linear response when exposed to X-ray radiation and the optimum annealing condition was 400°C/4h for the three concentrations. A broad-shaped TL glow curve with an upper bound of 270 °C, which shifts to lower temperatures with increasing dose, indicating that general order (GO) kinetics thermoluminescence processes are involved. We conclude that the ZnO doped Mg phosphors under study are promises to develop dosimeters for high radiation dose measurements. Kinetic parameters, such as activation energy (E), frequency factor (s), and order of kinematic order (b), were estimated by the Glow Curve Deconvolution (GCD) method. ZnO:Mg phosphor has a great potential as a dosimeter for monitoring in the fields of ionizing radiation.

**Keywords:** Mg doped ZnO, TL, Sol-Gel Method, GCD.

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#### Abeer Z. Abraheem

Department Physics, Sebha of University, Libya.

(e-mail: Salma2011@gmail.com)

#### F. Khamis\*

Department of Physics, University of Tripoli, Tripoli 13220, Libya. (e-mail: f.khamis@uot.edu.lv)

#### Y.A. Abdulla

Department Physics, Sebha University, Libya.

(e-mail: you.omer@sebhau.edu.ly)

\*Corresponding Author

# I. INTRODUCTION

Thermoluminescence (TL) is the emission of light by heating a phosphorus material after absorbing energy from ionizing radiation [1]. The energy emitted, in the form of luminescence, and the sensitivity of photon detection make the TL phenomenon an attractive way to measure small amounts of stored energy. The development of luminescent materials has been successfully applied in various fields and enhanced human life [2]. Applications of the TL phenomenon have been found not only in dosimetry, research, earth sciences, and the age determination of archaeological or geological samples [3]–[7].

ZnO is a metal oxide nanostructure and has attracted a great deal of attention due to its use in many applications. Recently ZnO doped magnesium materials have attracted great interest due to their unique properties in UVillumination based on radiative recombination of electron hole pairs [8], [9]. Stoichiometric and homogeneity of composition are key to the potential applications of such mixed metal oxides [10]. ZnO crystals consist of a hexagonal lattice of decomposition (a=3.296 °A, c=5.206), the ionic radius of Mg<sup>+2</sup> (0.57°A) and Zn<sup>+2</sup> (0.6 °A) is nearly identical, allowing the substitution of Mg ion in the resulting sites of zinc solution solid in a wide range of concentrations [11]-[15] so that ZnO is readily doped with Mg. Under doping, its electrical properties may vary from insulator to semiconductor, depending on the doping used. Moreover, it has been reported that ZnO exhibits radiative hardness when exposed to ionizing radiation and, in this sense, the material appears to be a good candidate for high dose measurement [16]-[21].

Several models have been applied to describe the TL process that arose in materials. The easiest method, called first-order kinetics, assumes that the thermal release of an electron from the trap centers is followed by recombination with a hole in the recombination centers. In this model, it is assumed that the electron retrapped potential is impossible [22]. While the second-order model considers that there are two possibilities given to the electrons upon the thermal release: recombine with holes or re-trap again [23]. An experimental model has been proposed to describe the situation when first or second order TL peak is satisfied, called general order kinetics [24]. The specific details of the trap and recombination centers provide valuable information about the material's properties, defects, and radiation absorption history of. This information is found in the trap parameters of the centers. Parameters include the activation energy (depth of trap center) E (eV), the kinetic order of TL processes b (first, second and general), the initial concentrations of trapped charges n<sub>0</sub> (cm<sup>-3</sup>), the frequency factor s (s<sup>-1</sup>), (escape probability) in the case of exponential factor of first order or pre-exponential factor s" (s-1) in the case of second and general order kinetics. Typically, the TL glow curves are analyzed assuming different b-values, i.e., suppose a first, second, or general order model.

In this paper we reported the TL and dosimetric properties of Mg-doped ZnO synthesized by Sol-Gel technique when exposed to an X-ray Source.

#### II. EXPERIMENTAL

### A. Sample Preparation

Samples are prepared from ZnO doped Mg nanoparticles by Sol-Gel method. Starting materials are zinc nitrate, magnesium nitrate, acetic acid and EDTA. The experiment is performed by dissolving together the equivalent amount of the above reagents with a minimum amount of distilled water. ZnO nanoparticles prepared in three concentrations (1%, 2%, 3 wt%) the resulting powder is subjected to calcinations at 600 °C /2 h, then 0.1 g of powder is placed in a cylindrical mold with a diameter 0.85 cm to press about 1 ton using a hydraulic press to make pellet shaped sample. Dosimetry characteristics of the prepared samples were determined using the Harshaw TL Reader "Model 3500".

#### III. RESULTS AND DISCUSSION

## A. Annealing and Reusability

One of the most important parameters to be investigated for any TLD material, is the annealing procedure. The annealing procedure is required in order to get the highest sensitivity and at the same time to eliminate the effects of the previous irradiation. The characterization annealing is usually done by systematically studying the change of TL sensitivity as a function of temperature T and time t, at each given temperature. The (T, t) values determined to provide the optimal annealing procedure shall fulfill the following basic requirements: a) the ability to erase all previously accumulated radiation history, b) the ability to produce the highest sensitivity, and c) the ability to maintain stable sensitivity after several cycles of annealing by radiation. The experiment was conducted over a temperature range of 100 °C to 500 °C in steps of 100 °C, and annealing time for 1h, 2h, 3h, 4h, and 5h for each set temperature. The operation was performed for the three concentrations. Fig 1 shows the TL response obtained from irradiated samples of ZnO doped with 1%, 2%, and 3% of Mg. The best annealing procedure was obtained at 400 °C/4h.

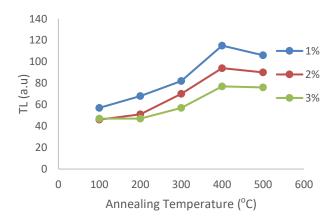


Fig.1. The behavior of TL response of Mg-doped ZnO as function of annealing temperature for the three concentrations (annealing time 4h).

In order to check the number of cycles the Mg-doped ZnO can be used without loss in sensitivity, seven samples were selected for each concentration five of them was irradiated to known dose and the other two kept in the lab.

The Mg-doped ZnO samples was annealed at the optimum condition determined and irradiated with the same dose to measure the TL intensity. This process was repeated for 10 cycles for each concentration. No change in TL intensity or glow peak shape was observed even after the specified number of annealing cycles and the variation of TL intensity after different cycles of irradiation, annealing and reading out is illustrated in Fig. 2.

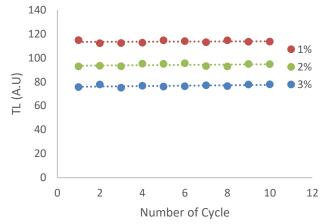


Fig. 2. Variation of TL sensitivity of Mg-doped ZnO after different cycles of annealing and read out.

#### B. Dose Response

TL response was measured, as a function of X-ray radiation exposure of the three prepared concentrations of Mg-doped ZnO. Fig 3 show plots of TL versus tube voltage when mAs are installed at 40 mA. It was found that the response of Mg-doped ZnO is linear up to the voltage used for the three concentrations. Fig 4 shows a plot of TL versus mAs when voltage is stabilized at 80kV<sub>P</sub>, the figure shows that the TL response increases with increasing mAs of the three concentrations. The increase in the intensity of the glow curves with the increasing mAs can be understood by the fact that more and more traps responsible for these glow peaks are filled with the increased radiation. These traps release their own charge carriers upon thermal stimulation with their counterparts, resulting in different glow peaks.

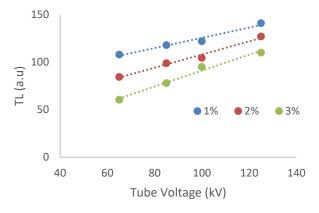


Fig.3. TL response versus tube voltage for Mg-doped ZnO at fixed mAs.

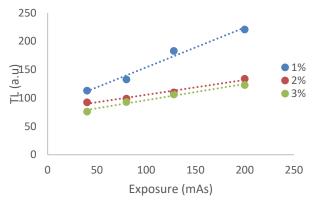


Fig.4. TL response versus exposure (mAs) for Mg-doped ZnO at fixed kV<sub>p</sub>.

## C. TL Fading

The stability of the dosimeter storage after irradiation is important characteristics in selecting a material for dosimetry applications. Hence, it is necessary to assess whether the charges trapped in phosphorous before reading can be lost by thermal, optical or any other anomalous fading. The stability of the stored TL signal was studied over a 30-days using 40 samples in 8 groups per concentration. These groups were stored under the same conditions for different period of time after exposed to "  $82kV_p$ , 40mAs, 40 cm SSD" X-ray. It was found that the TL signal faded about 2.3% per day for 1% sample and about 2.7% per day for 2% sample, and about 2.2% per day for 3% sample.

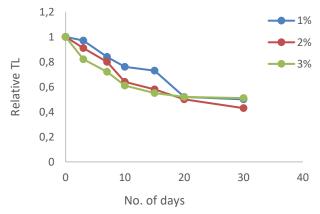


Fig.5. Fading characteristics of Mg-doped ZnO stored in the dark at ambient temperature.

# D. Effective Atomic Number

The response of a TL phosphor to ionizing radiations (especially X-ray and Gamma ray) depends on the atomic number of the components and not on the chemical composition of these components. Hence, it is necessary to determine the effective atomic number  $(Z_{eff})$  of the Mgdoped ZnO to know the response of the substance to radiations of different energy. Mayneord determined the effective atomic number Z<sub>eff</sub> of a compound by equation (1) [25].

$$Z_{eff} = {}^{2.94} \sqrt{a_1 z^{2.94} + a_2 z^{2.94} + \dots + a_n z^{2.94}}$$
 (1)

where  $a_1, \dots, a_n$  are the fractional contributions of each element to the total number of electrons in the mixture. The effective atomic number of Mg-doped ZnO was found to be 25.5, which have a higher effective atomic number compared to tissue. Higher atomic number materials generally result in high sensitivity to gamma radiation but needs suitable filters to compensate for over response at lower energy radiation, when used for personnel monitoring.

# E. TL Glow Curve Deconvolution (GCD) for Dose Parameter Evaluation

The shape of the glow curve experimentally recorded shows, in fact, the superposition of many individual TL peaks, each associated with different types of local states.

The TL glow curves of 1%, 2% and 3% Mg-doped ZnO were deconvoluted using the kinematic expression of general order arrangement, namely:

$$I = s n_0 \exp\left(-\frac{E}{kT}\right) \left[1 + \left(\frac{s(b-1)}{\beta}\right) \int_{T_0}^T \exp\left(-\frac{E}{kT}\right) dT'\right]^{\frac{-b}{b-1}} (2)$$

where  $\beta$  is the constant heating rate, b is the order of kinetic properties and  $s = s'' n_0^{(b-1)}$ . With this definition, s contains units of frequency (s<sup>-1</sup>) similar to that in the first order kinetic, but it dependent on the applied dose rather than being fixed. Eq. (2) includes the second order kinetics (b=2) and reduces to the first order kinematic parameters (b=1) when b is one of the unknown parameters, we decided to use general order kinetics with b that may take any value between one and two. Fitting TL glow curves was performed using PeakFit [26], [27] software.

Fig. 6, 7, and 8 represent the deconvoluted graph for ZnO doped with 1%, 2% and 3% Mg phosphors annealed at 400 °C irradiated with X-ray "82kVp, 40mAs".

The figures also show the characteristic glow curve with different ZnO:Mg ratios. The curves showed a broad shape TL glow curve with a maximum located above 270 °C. It is observed that the sensitivity of the curve increases at the ratio ZnO:Mg (2%), yet TL signals being decrease by less than ZnO:Mg (1 and 3 %). This behavior is indicating a significant decrease in sensitivity with an increase in the ZnO:Mg ratios. It may indicate a TL mechanism that includes at least two overlapping trap levels, one of which acts as a competitor and the other as the active trap.

Obviously, the addition of magnesium makes the TL glow curve wider and converts the entire TL complex to lower temperatures. The presence of magnesium did not introduce new traps as the three samples were fitted with different number of peaks. Its presence is mainly sensed by the values of the frequency factor as a one order increase in size is observed. The contrast of the TL intensity signal with focus is more sensitive in the case of 2% Mg-doped ZnO. The effect of adding magnesium as a dopant on trap depth is fairly minimal without a change in the order of kinetics. Table 1 illustrates the trapping parameters for individual peaks for one sample of each types. It is interesting to note that all the individual peaks were fitted with general order kinetics, variation in the activation energy, and the frequency factor. This indicates that (1) the retrapping process dominates the recombination process in this material (2) the material may have very overlapping trapping levels with a distribution of frequency factors.

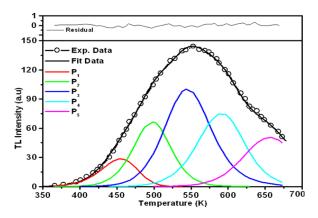


Fig. 6. TL glow curve deconvolution of 1% Mg-doped ZnO phosphor recorded after irradiation with X-ray "82kVp, 40mAs"

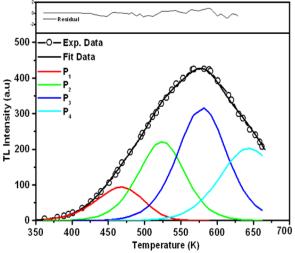


Fig. 7. TL glow curve deconvolution of 2% Mg-doped ZnO phosphor recorded after irradiation with X-ray "82kVp, 40mAs"

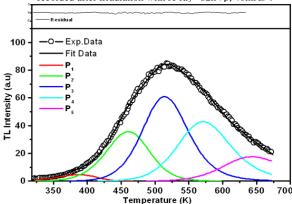


Fig. 8. TL glow curve deconvolution of 3% Mg-doped ZnO phosphor recorded after irradiation with X-ray "82kVp, 40mAs".

TABLE I: TL Trapping Parameters for 1%, 2% and 3% Mg-Doped ZNO SAMPLES OBTAINED BY CURVE ING

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Type of Sample	# of Traps	E (eV)	T <sub>M</sub> (K)	b	$n_0$	s (s <sup>-1</sup> )
1% Mg- doped ZnO	$P_1$	0.774	455	1.22	$7.25 \times 10^3$	$1.39 \times 10^6$
	$\mathbf{P}_2$	1.059	498	1.64	$1.78x10^4$	$2.45 \times 10^{8}$
	$P_3$	1.102	545	1.89	$3.35x10^4$	$6.19 \times 10^7$
	$P_4$	1.168	591	1.57	$2.49x10^4$	$3.28 \times 10^6$
	$P_5$	1.377	656	1.97	$2.01x10^4$	$1.27 \times 10^{8}$
2% Mg- doped ZnO	$P_1$	0.609	468	1.22	$3.15x10^4$	$1.10 \times 10^4$
	$P_2$	0.884	524	1.52	$7.39x10^4$	$1.10 \times 10^6$
	$P_3$	1.07	579	1.65	$1.126 \times 10^5$	$6.95 \times 10^6$
	$P_4$	1.19	643	2.14	$9.35x10^4$	$6.30 \times 10^6$
3% Mg- doped ZnO	$P_1$	0.446	388	1.09	$1.35 \times 10^{3}$	$2.11x10^3$
	$P_2$	0.666	461	1.47	$1.19x10^4$	$6.59 \times 10^4$
	$P_3$	0.885	514	1.83	$2.19x10^4$	$1.67 \times 10^6$
	$P_4$	0.971	571	1.96	$1.80 \times 10^4$	$1.16 \times 10^6$
	$P_5$	1.126	643	2.37	$9.1x10^{3}$	$1.84 \times 10^6$

#### IV. CONCLUSION

Pellet-shaped Mg-doped ZnO samples were synthesized by Sol-Gel technique and exposed to X-ray irradiation to investigate their thermoluminescence features. characteristic TL glow curves show a complex shape resolved in five individual TL peaks. There is no change in TL intensity or glow peak shape after different cycles of irradiation, anneal and read- out. The integrated TL as a function of the irradiation dose displays a linear dependence in the dose range used, the TL signal faded down from 2.2%/day to 2.7%/day for the three concentrations. The effective atomic number of Mg-doped ZnO is 25.5 and the kinetics parameters of the individual peaks were estimated using the computerized glow curve deconvolution program. It is concluded that the synthesized and characterized Mgdoped ZnO is a promising phosphor to develop TL dosimeters.

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